Certificate of Competence



Awarded to:

Helen Allaker

for successfully demonstrating the required competence, skills and knowledge as required under the Health & Safety (First Aid) regulations 1981 in:

First Aid at Work Course (inc. Emergency Paediatric First Aid)

3 Day/18 Hour

Delivery: 100% classroom/face-to-face training

Syllabus: for adult, child & baby

Role of the first aider, anaphylactic shock, CPR inc. AED, bones/muscles/joint injury,

burns, eye injury, choking, head injury, hypothermia & heat stroke

Minor injuries: preventing infection, small cuts, grazes, bruises, splinters

Major illness: asthma, diabetes, epilepsy, heart attack, stroke, poisoning, wounds &

bleeding, shock, unconscious casualty

Qualification start date: 10th March 2021

Expiry date: 9th March 2024

Re-qualification required between: 9th December 2023 to 9th March 2024

Certificate Validator:

http://www.firstaidforall.uk/certificate?271270.214672

First Aid Industry Body Approval Number: 58/09/213

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