

Certificate of Attendance

FIRST AID FOR ALL



Skills for life

Awarded to:

James Bradshaw

for successfully demonstrating the required competence, skills and knowledge in:

Introduction to Mental Health & Wellbeing in the Workplace - Zoom

3.5 hours

Delivery: Instructor led via video link

Syllabus:

Overview of workplace mental health and "first aid" for mental health

Assisting colleagues and people you work with: giving advice & providing resources.

Creating and understanding a workplace mental health action plan

Being able to identify the most common workplace mental health issues

Effects of stress

Valid for 3 Years from: 5th November 2020

Expiry date: 4th November 2023

Re-qualification required between: 4th August 2023 to 4th November 2023

Certificate Validator:

<http://www.firstaidforall.uk/certificate?270463.208854>



First Aid Industry Body Approval Number: 58/09/213

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Member of



The First Aid Industry Body